

BCG INSTRUCTIONS

DURING THE INSTILLATION

The medication will be instilled into your bladder through a catheter. In most cases, the catheter will be removed from the bladder immediately after the instillation has been completed.

The medication should be retained in your bladder for about **2 hours** to obtain the best results. If you **MUST** urinate before two hours, the medicine will still be effective, but let us know at your next visit how long you held the BCG.

You should remain active afterwards to move the medicine around in the bladder. If you want to lie down

then you should plan to **move positions from side to side and back and front every 15 minutes** while the medication is in your bladder.

AFTER INSTILLATION

After retaining the medication in your bladder for two hours, it must be carefully disposed of in the following manner:

- Sit down on the toilet to urinate and fully empty your bladder.
- After urinating, **pour two (2) cups of household bleach** (Clorox or equivalent) into the toilet.
- Let the medication and Clorox mixture stay in the toilet for 15-20 minutes before flushing.
- Repeat the above process each time you urinate for six (6) hours after each treatment.
- Wash your hands and genital areas thoroughly after you urinate.
- Drink plenty of fluids after your instillation to flush your bladder.

UNTIL YOUR NEXT INSTILLATION

You may experience some burning and frequency of urination with the first few voidings after your treatment.

If this occurs, you need to increase your fluid intake.

SYMPTOMS TO WATCH

Call your doctor if you experience:

- Continuous pain or burning on urination Bright red blood or blood clots in the urine.
- Severe urgency of urinations with incontinence (involuntary loss of urine).
- Severe frequency of urination, fever or chills or malaise (generalized feeling of discomfort or illness), flu-like symptoms, joint pain, prolonged coughing, skin rash.

*The information provided on the site is for educational purposes only, and does not substitute for professional medical advice. Consult a medical professional or healthcare provider if you are seeking medical advice, diagnoses, or treatment.